



CareLink

SPECIAL LINK FOR THOSE AGE “55 OR BETTER”

BENEFITS AND DISCOUNTS

You must show a CareLink Membership Card to receive discounts. Discounts may be combined with Gold Passport Coupons. If you have any questions, please call St. John SeniorLink at 1-888-751-5465 (1-888-SJ1-LINK).

◆ St. John SeniorLink: 1-888-751-5465

Your #1 resource for all senior-related questions and concerns. Use this toll-free number to register for CareLink programs and events. Call for information about CareLink benefits, St. John Health's (SJH) network of services, physician referral, community resources and upcoming events.

◆ CareLink NewsBriefs

Our newsletter, CareLink NewsBriefs, will be mailed to members' homes every other month.

◆ Speakers' Bureau

Professionals from St. John Health are available upon request to address a variety of health and wellness topics. Call for a topic listing or to request a speaker.

◆ Advance Directive Information and Forms

To legally appoint an advocate to make health care decisions for you, should you ever be unable to express them yourself.

◆ St. John Health Sponsored Blood Pressure Screening Sites

You are invited to join us for free blood pressure screening at a variety of locations every month. Call for current sites and times.

◆ St. John Retail Pharmacies: 1-888-751-5465

Call for participating site locations.

- 15% off cash prescriptions (excludes co-payments).
- 10% regularly stocked items (excludes surgical and diabetic supplies).

◆ \$5 off Massage Therapy through St. John Health Rehabilitation: 1-800-711-8150. Applies to

1/2 or 1 hour session. Call for locations near you.

◆ **\$100 off St. John Weight Loss – Medical Management and 20% off products:** 1-866-996-3066 (Call for site locations.)

◆ Medical Monitoring Discount - Guardian Medical Monitoring (Special SJH Partnership):

1-888-349-2400. Discounted pricing on installation and monthly monitoring fees for personal emergency response systems (PERS) and the PERS with medication reminder/organizer. Guardian Medical Monitoring offers a range of medical monitoring products and accessories. Call and mention you are a CareLink member for details about special CareLink discount pricing.

◆ 10% off Home Instead Senior Care (Special SJH Partnership):

1-888-647-9682. Applies to new client's first week of scheduled services for non-medical services (personal care, home helpers and Alzheimer's care) to seniors in the tri-county area.

◆ Windemere Park Senior Community

(Special SJH Partnership): 1-586-264-9701. Offering resort style independent and assisted living. \$1 moves you in and Windemere pays for your move.

CARELINK HOSPITALS

1. St. John Hospital and Medical Center, 22101 Moross Road, Detroit: 313-343-4000
2. St. John North Shores Hospital, 26755 Ballard Road, Harrison Township: 586-465-5501
3. St. John River District Hospital, 4100 River Road, E. China: 810-329-7111
4. St. John Macomb-Oakland Hospital, Oakland Center, 27351 Dequindre Road, Madison Heights: 248-967-7000
5. St. John Macomb-Oakland Hospital, Macomb Center, 11800 E. Twelve Mile Road, Warren: 586-573-5000
6. Providence Hospital, 16001 West Nine Mile Rd., Southfield: 248-849-3000

(See reverse side for hospital-based discounts.)

CareLink

HOSPITAL-BASED DISCOUNTS

The following discounts are offered at each CareLink Hospital:

- ◆ 20% off Cafeteria
- ◆ CareLink \$2 Valet (Regularly \$4. No charge for self-parking effective 8/1/07.)
- ◆ 20% off Private Room Upgrade (Subject to availability)
- ◆ 15% off Television
- ◆ 15% off Telephone (Where applicable applies to daily phone rental charges during hospital stay. Does not apply to long distance phone charges.)
- ◆ 10% off Gift Shop (Applies to regularly priced items and excludes flowers, candy, snacks, perfume, balloons, greeting cards, books and magazines.)

1. St. John Hospital and Medical Center

- ◆ 20% off Brioche Doree
- ◆ 20% off Diabetes Discovery Self-Management Program*: 313-343-6830
- ◆ 20% off CR Fit exercise program through Cardiac Rehabilitation: 313-343-3157 (Call for site locations.)
- ◆ \$5 off Valade Healing Arts Center** and 10% off gift shop items (excludes books, music and cards), 19229 Mack Avenue, Ste. 30, Grosse Pointe Woods: 313-647-3320
- ◆ Free Hearing Screening through Department of Audiology: 313-343-4436
- ◆ 20% off Exercise Evaluation Program through Cardiac Rehabilitation: 313-343-3157
- ◆ 20% off Nutrition Counseling through Cardiac Rehabilitation: 313-343-3157
- ◆ 20% off new Guild Coffee Shop (beverages and snacks): 313-343-3835

2. St. John North Shores Hospital

- ◆ 10% off Fitness for Everyone Class: 586-466-5234 Exercise, regardless of age, weight or physical handicap.
- ◆ 10% off Drive to Independence: 586-466-5234

3. St. John River District Hospital

- ◆ 20% off Diabetes Discovery Self-Management Program*: 810-329-5303
- ◆ Wellness Program Discounts: 810-326-2013
- ◆ 20% off St. John Pulmonary Rehabilitation Maintenance Program: 810-329-5365
- ◆ \$5 off St. John Healing Arts Center**: 810-326-4700

4. St. John Macomb-Oakland Hospital, Oakland Center

- ◆ Watch for upcoming hospital discounts

5. St. John Macomb-Oakland Hospital, Macomb Center

- ◆ 20% off Heart Failure Exercise Program: 586-573-5233
- ◆ 20% off PAD Exercise Program: 586-573-5233
- ◆ 20% off Fit for Life Adult Exercise: 586-573-5233
- ◆ 20% off Cardiac Rehabilitation Phase 3 Program: 586-573-5233
- ◆ 20% off Pulmonary Rehabilitation Phase 3 Program: 586-573-5233
- ◆ 20% off Diabetes Exercise Program: 586-573-5233 (Applies to per visit charge with an exercise specialist.)
- ◆ 20% off Diabetes Discovery Self-Management Program*: 586-573-5731
- ◆ \$5 off St. John Healing Arts Center & Boutique**: 586-573-5785

6. Providence Hospital

- ◆ \$5 off Providence Cancer Center for the Healing Arts - Southfield: 248-849-3321
- ◆ \$5 off Assarian Cancer Center Healing Arts - Novi: 248-465-4300
- ◆ Free Hearing Screening through Department of Audiology: 248-849-3392

*Group and individual counseling by certified diabetes educators (excludes Medicare, Medicaid and other insurance co-payments and deductibles).

**Applies to most per service charges, including massage, reflexology, Reiki, Tai Chi, and yoga classes. Renew your mind, body and spirit! No discounts on healing arts classes at this time.